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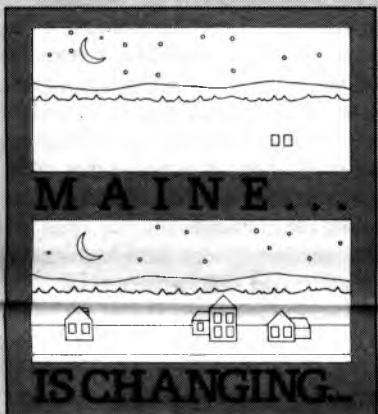
# Maine Perspective

Vol. 1 No. 3 A PUBLICATION FOR THE UNIVERSITY OF MAINE OCTOBER 20, 1989

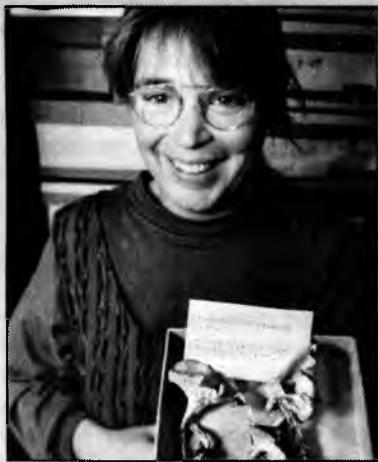
## In Perspective



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## In Orono/University of Maine Relations

### Better Communication Leads to Greater Cooperation

For the past four years, a group of people has been meeting monthly at the University of Maine to discuss common concerns and goals. The members are brought together by their differences - differences in lifestyles, perceptions and needs.

And they are getting things done. The 30-member Community Relations Advisory Board is committed to improving communication between University of Maine students living off campus, the town of Orono and University officials. It is a forum in which people who normally would not get an opportunity to talk are brought together to discuss issues that arise in any college town - problems with housing con-

ditions and rental agreements for students, noise and trash caused by student parties, parking restrictions and traffic concerns, and the overall lack of communication between temporary and permanent neighbors.

They also talk about how they can help each other. Student Government, in cooperation with the Orono Police Department, is exploring the possibility of initiating a Designated Driver Program in coming months. Students are planning to begin fund raising this year for the Orono community playground, and have pledged to help with its construction next year. Maine Day, held every spring, will continue to include off-campus projects in Orono and Old Town. In addition, to further improve student-police relations, Lowe has offered to meet weekly or biweekly with representatives of different student organizations.

"We can't hope to solve all the ills of the community, but we hope to solve some," said Maxine Harrow, chairperson of the Community Relations Advisory Board. "A lot of it has to do with breaking down

stereotypes and the them-against-us attitudes. Students and Orono residents have to think one-on-one as neighbors despite their very different lifestyles. The bottom line is we need to continue dialogue and realize that we're dealing with human beings."

The Advisory Board includes two groups that are often at odds - the Orono Police Department led by Chief Dan Lowe and the student Off Campus Board (OCB) represented by its president, Jessica Loos. It is not unusual for the one to challenge the other's actions or motives, driven by the constituents they represent. Yet there are issues on which they agree.

"In the summer, this is a quiet town," Lowe said. "Then overnight it turns into a hectic life. There's much more traffic. Students are blamed for a lot of things and it's not always rightfully so. There is an increase in criminal mischief, and most is alcohol-related. And we don't hear about the good things students do, only the bad."

Lowe estimates up to 75 percent of the calls to the

*continued page 2*

### Committee Studies University Policy on Recruiters, CIA

The Constitutional right to free speech, the privilege of making a choice, educational responsibility and academic freedom are just a few of the many complex issues being addressed head-on this semester at the University of Maine as a result of one agency - the CIA.

The University of Maine has joined dozens of other institutions nationwide in grappling with the dilemma whether to allow the CIA to recruit on campus. The concern comes amid charges that the CIA has a history of human rights violations, assassinations, attacks against democratically elected governments and discriminatory hiring practices.

The CIA has been recruiting at the University of Maine for several years through the Career Center. Last semester, the Council of Colleges (now called the Faculty Senate) heard a motion to bar the CIA from recruiting on campus. The result was the formation of an eight-member committee - The Committee on the CIA and University Recruiting Policy chaired by Associate Professor of Philosophy Michael Howard - to study the controversy and make recommendations to the Faculty Senate by year's end.

Should the Committee recommend and the Faculty and Student Senates move to bar the CIA from recruiting on campus, and the Administration concurs, the University of Maine will be among the first major institutions in the country to do so. In the last two years, students, faculty and staff have demonstrated against CIA recruiting at universities from Massachusetts to Colorado. Colby College passed a resolution requiring a public forum with a recruiter should 25 members of the campus community sign a petition. The CIA stopped recruiting at the State University of New York at Albany in 1987 while SUNY-Albany's recruitment policy was being reviewed, according to Howard.

At least two law schools at the University of Michigan and Ohio State University have barred the FBI from campus recruiting, Howard said.

In an effort to research the issues surrounding the CIA and to receive input from students, faculty and staff, an educational series is now taking place this semester, sponsored by the Committee. Panel discussions, public forums and presentations by

*continued page 2*



Michael Davis of Glenburn is all smiles when he visits the headquarters of a bottle drive organized by the University of Maine fraternity and sorority members Oct. 15 in an effort to raise enough money to buy the 7-year-old a piano. Michael, born with spina bifida, is paralyzed below the waist. For more than a year, he has been learning to play the piano. This past spring, Engineering Technology students invented a piano bench support to allow Michael to sit upright, and a mechanism to allow him to push the pedals. And now he will soon have a piano. More than 200 students canvassed campus, Orono and Old Town collecting returnable bottles and cans. They also received \$70 in donations, and the Old Town Redemption Center gave them 10% of the total bottle and can deposits. Thanks to great community support, almost \$1,400 was raised. With Michael are Mark Robinson, president of UM Fraternity Board, and Kathy Sypec, Panhellenic president. Photo by John Baer



# Two-Day International Conference Explores Our Common Future

The policies and pressures behind the global concerns of increasing world hunger, disease, environmental destruction and economic inequity will be explored in an international conference on sustainable development Oct. 24-25 at the University of Maine.

"Exploring Our Common Future" is the theme of the conference, which will examine the social, ethical, political and legal issues raised in the 1987 report of the World Commission on Environment and Development. The Brundtland Report stresses the urgency of drastically changing the agricultural and economic systems and practices that promote the destruction and degradation of natural and human resources.

The focus of the conference, sponsored by the University of Maine Peace Studies Program, will be on sustainable development as a common goal - development that supports the present occupants of the

world without compromising or destroying the resources necessary for future generations to meet their needs.

Keynote speakers will be Hilkka Pietila, secretary general, Finnish United Nations Association, who will speak at 8 p.m., Oct. 24 in 101 Neville Hall. Her topic will be "Women, Peace and Ecology."

The second keynote speaker will be Stephen Lewis, recent Canadian ambassador to the United Nations. He will deliver the 1989 Distinguished Canadian Studies Lecture at 8 p.m., Oct. 25 at the Maine Center for the Arts. His subject will be "Sustainable Development in the Third World: A Canadian Perspective."

The Oct. 24 panel discussion, "Exploring Our Common Future," will examine the Brundtland Report, the recent evolution of the international economic system, and Canada's response to the brewing global environmental crisis.

Other participants and their topics

include: Beatrice Olivestry, executive director, National Survival Institute, Ottawa, Canada, "Global Pollution vs. Sustainable Development"; Arjun Makhijani, director, Institute for Energy and Environmental Research, "The Role of the International Economy"; and David Besner, executive secretary, New Brunswick Round Table on Environment and Economy, "Integrating Environment and Economics at the Home Front." Moderator will be Mark Lutz, UM professor of economics. The session will open with a showing of the videotape, "Our Common Future," produced by the Global Tomorrow Coalition.

"Food Security: Strategies for Reducing Hunger in the 1990s" will be the focus of the 9 a.m.-noon panel on Oct. 25, moderated by William Whitaker, UM professor of social work.

Panelists and topics are: Robert Kates, director, Alan Shawn Feinstein World Hunger Program, Brown University, "Reducing Worldwide Hunger by Half During the 1990s"; William Rau, director, Bread for the World Institute on Hunger and Development, "Grassroots Strategies

for Food Security in Africa"; Betty Richardson, campaign director, Oxfam America, "The Central Role of Women in Achieving Food Security." The videotape, "Hunger Report 1989," produced by the World Hunger Program at Brown University, will be shown during this session.

Matt Liebman, UM assistant professor of sustainable agriculture, will moderate the 2-6 p.m. panel on Oct. 25, which will address how agricultural ecosystems and natural resources can be managed sustainably.

Panelists include: Janet Welsh Brown, senior associate, Environment and Development Policy Project, World Resources Institute, "U.S. Policy in the 1990s: International Cooperation for a Sustainable World"; David Patriquin, professor of biology, Dalhousie University, Nova Scotia, "Participatory Research and Organic Agriculture in Developing and Developed Countries"; and Weiling Katherine Yih, Oxfam America researcher, "Uneven Development, Ecological Crisis, and the Attainability of Sustainability."

## Better Communication *continued from page 1*

Orono Police Department this time of year are student-related. The complaints include loud parties, assaults, criminal mischief, thefts, traffic violations including OUI, and obscene phone calls - "not hard-crime things, but minor misdemeanors," he said.

According to Lowe, relations between students and police officers have improved in the past two years. And he admits some of that has to do with better communication and with learning more about student life. He said the student population is different from the rural area of Somerset County where he worked in the sheriff's department as a field supervisor.

"In the three years I've been here, this is the best year so far that I've seen regarding student parties," Lowe said. "I attribute that to better working relations with students, more cooperation with landlords and educating the general public about the laws.

"There has been open cooperation with the University and the student body," Lowe said. "We don't want a no-win situation. This is a college town, but that doesn't mean you overlook the fact that we have laws to enforce. We try and be tolerant. Students come off campus because there are few activities on campus. There they must deal with not only the Conduct Office but University police. Yet there's little else to do in Orono."

While there are a number of activities occurring every night of the week on campus, the student parties on campus are becoming rare, said Loos, OCB president for the past two years. As a result, many on-campus students come to Orono.

"With alcohol, the University does have to abide by the law, but there are no creative alternatives for those who can't drink legally or innovative ways of working with this constraint," Loos said. "There are not a lot of facilities to have events in and the University is inconsistent in how it enforces its policies. We had a Reggae band in the Damn Yankee last semester and we had to turn 150 students away when the room was filled to capacity. That was the first time in four years that the fire code was ever enforced. In addition to inadequate space, it is expensive for student groups to program on campus. Last year, OCB spent \$4,500 on Ball on the Mall and almost 50 percent of that was paid in bills to the University. The University needs to recognize that more activities should be provided."

The University has a responsibility to provide entertainment for students and does, amid accusations that it is too strict in enforcing state laws, Harrow said. "It's not that there aren't things here, but we have to teach people that having a good time doesn't have to involve alcohol."

The concerns also focus on the Memorial Union, built to accommodate the needs of approximately 3,500 students and long-since too small for the University's student population - this year almost 12,600. While it is on the agendas of both the University Administration and Student Government, there are no easy answers.

"We're trying to understand the frustration of students, understand their lack of activities and things to do," said Lowe. "There's the age difference between legal and not legal with alcohol. They study all week and you can't expect them to stay home in their rooms Friday and Saturday nights. But it comes down to the fact that they have to have legal parties."

Lowe said that he has stressed to his officers the importance of trying to work with and not against students. "I told them to do their jobs with a smile, don't label students (as trouble-makers), treat them like anyone else, give them a warning and, if you can, bite the bullet.

"Students have the same rights as anyone else in the community," he said. "They have a right to party as long as it's legal, and they have the right to complain about the people next door."

At the same time, students living off campus have responsibilities to the town and their neighbors, Loos agreed. "They've got to communicate with neighbors and be responsible, they should be considerate about parties, and clean up afterward. But in a college town, parties are going to happen," said Loos. "We get defensive because everyone is always pointing the finger at students. Students are not perfect, but neither are the town, the Orono police or the University. This is a three-way problem."

According to Loos, students still feel they are being harassed by the Orono police, and do not agree that relations have improved since last year. "This is an issue that must be acknowledged and addressed," she said.

Lowe said he also recognizes the concerns of permanent residents. "There are a lot of elderly and retired people in town," he said. "Many are retired from the University and not as tolerant as in the past. They are more vocal in standing up for their rights. They're not accepting things as they did in the past. They feel they have a right to live peacefully. Yet they must be tolerant, get along and understand that people have different lifestyles."

The demographics of the student population today are different than they were decades ago, Harrow said. More students live off campus and with different lifestyles come concerns. People should keep this in perspective, she stressed.

"We have good students who can be a vital part of the community," Harrow said. "Trying to work toward better relations is not an easy thing to achieve. With a continually changing population, it takes constant work and people who are willing to commit the time and energy to communicate with their neighbors as individuals with a shared interest in the betterment of their community."

## Recruiting Policy *continued from page 1*

spokespersons on both sides of the controversy are planned. Included in the series will be appearances by a member of the CIA as well as a former agent and critic of the CIA on Nov. 1.

"The argument is not one of free speech but of the University's recruitment policy," said Howard. "Speech is a right. Recruitment is a privilege. In the recruitment, they are using University facilities to draw people into their organization. There's a need to review the University's recruitment policy and consider the CIA as a special case."

According to the University of Maine policy regarding recruiters on campus: "The University Council supports a policy of open campus recruiting. We believe that any legal organizations offering career opportunities for University graduates should be granted the *privilege* of scheduling and holding student interviews on campus within the limits of available time and facilities. And, when granted such privileges, should be considered authorized visitors to the University and entitled to the same rights and protections as are accorded to members of the University family under the provisions of the existing policy regarding free speech and assembly, and the disciplinary code. We believe that students should be allowed to exercise complete freedom of choice in scheduling and participating in authorized interviews."

The Committee is now considering a recommendation that would update the policy, making it consistent with the University's equal opportunity/affirmative action statement that: "The University of Maine does not discriminate on the basis of race, color, religion, sex, sexual orientation, national origin or citizenship status, age, disability or veteran status, and promotes affirmative action for women, minorities, persons with disabilities and veterans."

"The University doesn't discriminate, and that should apply to recruiters," Howard said.

"The CIA has been accused of discrimination against gays and lesbians. If these accusations are true, and we decide to extend our non-discrimination policy to recruiters, we may have no choice but to bar the CIA from recruiting, as did Princeton University last year.

These are not the only reasons given for barring the CIA from campus recruiting. "As a result of Congressional hearings and freedom of information releases in the past decade, there have been charges that the CIA since the 1950s has been regularly aiding and planning and carrying out the overthrow of democratically elected governments, violated human rights, carried out assassinations, taught techniques of torture, and violated federal statutes and international law. It has a long history of well-documented abuse."

The Committee is faced with a number of complex issues, among them: Should the entire recruiting policy be revised to exclude organizations that have documented cases of discrimination or human rights violations? In the case of human rights violations, would it require listing in the recruiting policy those international organizations with the most credibility (i.e. Amnesty International)? Should the University recruiting policy be updated and remain broad, while a separate policy addresses only the CIA? If the policy were revised to include no discrimination on the basis of sexual orientation, what would that mean to other recruiters coming to campus, including the military?

The controversy also raises questions of career education and its place in the academic curriculum, Howard said. "It has been raised that barring the CIA from campus might be something we want to do on educational grounds, making a statement that this agency doesn't belong here, because its crimes are fundamentally at odds with the mission of the University.

"And there is support for allowing the CIA to recruit on the grounds that it is a first amendment issue, a matter of University policy to maintain openness, and an issue of student choice," Howard said.

The issue, according to Howard, is not concern that the University, by allowing the CIA to recruit on campus, is corrupting students. "This is not an issue of protecting students," he said. "If we educate students properly, they should be able to make up their own minds.

"The issue is, by allowing the CIA to come without raising questions of who they are, we are not upholding the University's most important role - to be a critic of institutions we inhabit. It's easy to criticize the CIA if it's somewhere else, but if we're aiding them in their efforts, we have to assume some responsibility."

## Maine Perspective

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# Students Urged to Go Global

"Go Global" will be the theme of a Study Away Fair Oct. 24 in the Memorial Union to provide information about more than 30 programs available for University of Maine students to study in over 40 countries and throughout the United States.

The fair, from 4-7 p.m., will be the major information session of the year for Study Away programs nationally and Study Abroad programs internationally. Students who have participated in the programs will be joined by University faculty and administrators to discuss the advantages of studying away and to answer questions. Information about living abroad, financial aid, eligibility requirements and courses of study will be available.

"Study Abroad and Study Away provide unlimited opportunities for students," according to Mary Jo Sanger, coordinator of Study Abroad. "As a result of their experiences, students are more receptive to ideas outside their own spheres of experience, their academic work is more relevant and they can apply their education in broader perspectives.

"It is not just coursework but total learning - intellectual, social and experiential," Sanger said.

The fair will provide an opportunity to address some of the most-asked questions about Study Abroad and Study Away, Sanger said.

Among them:

- \* Students don't have to know a foreign language to study abroad. Many courses at international universities are available in English. However, the University of Maine offers several language immersion programs for students who want to learn more about the native language of the country where they will study.

- \* Study Abroad programs can last a full academic year, a semester, summer session or a couple weeks during Spring Break, May Term or other vacation times.

- \* It doesn't always cost more to study abroad. Costs vary. In some exchange programs, students pay the cost of University of Maine tuition; in others, they must pay foreign student tuition. Additional expenses are transportation to the country and personal expenditures.

- \* Courses taken abroad may apply to University of Maine degree requirements with prior approval from a student's academic college.

- \* Study Abroad opportunities at the University of Maine are available not just in Canada and Western Europe but on every continent.

- \* Study Away opportunities are available throughout the U.S.

- \* Videos from a number of international universities are available through the Study Abroad Office, Alumni Hall, x1585.

## Invitation Open to Come to Campus

In a statewide outreach effort to prospective students and members of the community, campuses of colleges, universities and technical college campuses throughout Maine will be participating in Come-to-Campus Week Oct. 21-28.

The observance, now in its second year, is sponsored by the Maine Higher Education Council.

At the University of Maine, the week's theme will be: "Experience the Maine Difference." Oct. 21-26, there will be daily activities, from lectures and open houses/tours, to workshops, films and athletic events.

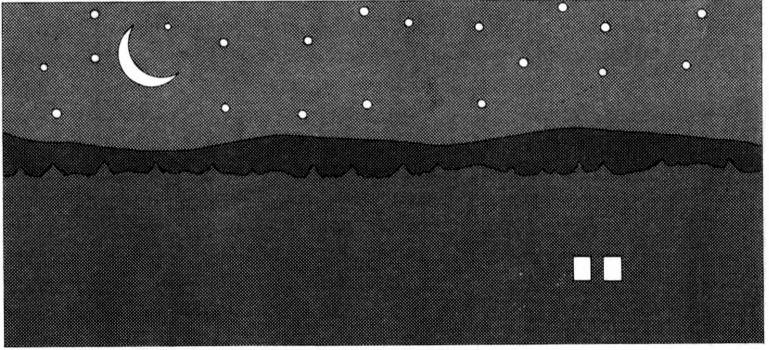
The week will climax with two days of special events and tours for visitors of all ages. Highlights of the activities planned for Oct. 27-28 are:

- Oct. 27 -**
- 8 a.m.-4:30 p.m. Cutler Health Center Tour and Open House with free cholesterol screening 9 a.m.-noon/1-4 p.m.
  - 8 a.m.-4:30 p.m. Health Information Technology Program Open House, 135 Eastport Hall, Bangor Campus
  - 8:30-11:30 a.m. College of Forest Resources Open House, 208 Nutting Hall
  - 9:30 a.m. Hudson Museum Guided Tours, also at 1:30 p.m., Maine Center for the Arts
  - 9:30 a.m. Dental Hygiene Program Lectures, Tours, taking place throughout the day, Lincoln Hall, Bangor Campus
  - 10 a.m. Fogler Library, demonstration of Access Services, also Tours/ Demonstrations of URSUS at 2 p.m.
  - 10-11 a.m. Child Development Learning Center Tour, also at 1 p.m., 11 Merrill Hall
  - 10-11 a.m. Non-Traditional Students Workshop and Video, Memorial Union
  - 1-3 p.m. Alumni Association Open House, Crossland Center
  - 2-3 p.m. Introduction to the Career Development Center and Orientation Course for Returning Adults, Acadia Hall, Bangor Campus
  - 2-3 p.m. Greenhouses and Perennial Gardens Tour, Headhouse
  - 3-4 p.m. Food Science Laboratories Tour, 208 Holmes Hall
  - 3:15-4:15 p.m. Writer's Workbench Presentation, 106 Neville Hall
  - 7 p.m. "Harvest of Stars" Planetarium Show, Wingate Hall, Admission
  - 7 p.m. Hockey, UM vs. University of Michigan, Alford Arena, Admission

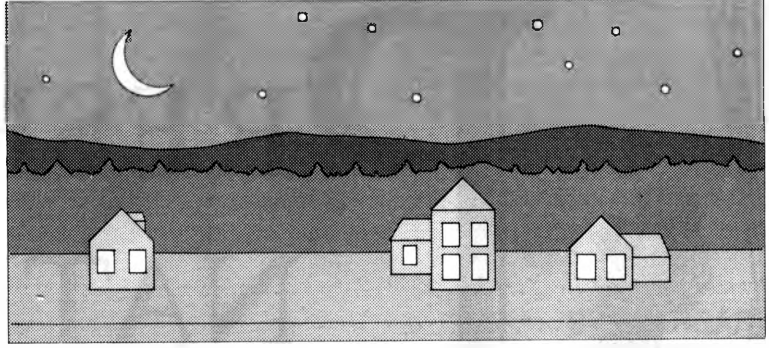
- Oct. 28 -**
- 8 a.m.-4:30 p.m. Cutler Health Center Tour and Open House with free cholesterol screening 9 a.m.-noon/1-3:30 p.m.
  - 8 a.m.-4:30 p.m. Women in Science Careers Presentation, Winslow Hall
  - 8 a.m.-4:30 p.m. Center for Environmental Studies Tour
  - 9-9:30 a.m. Welcome Address, Hutchins Concert Hall, Maine Center for the Arts
  - 9:30-10 a.m. Aspirations Teen Theatre, Hutchins Concert Hall, Maine Center for the Arts
  - 10-11 a.m. Introduction to the Career Development Center and Orientation Course for Returning Adults, Acadia Hall, Bangor Campus
  - 10-11 a.m. Writer's Workbench, 106 Neville Hall
  - 10 a.m.-noon Information Fair, Maine Center for the Arts
  - Noon-1 p.m. Campus Tours, leave from Maine Center for the Arts, also 1-2 p.m.
  - 7 p.m. "Harvest of Stars" Planetarium Show, Wingate Hall, Admission
  - 7 p.m. Hockey, UM vs. University of Michigan, Alford Arena, Admission
  - 8 p.m. Tito Puente Latin Jazz Allstars in Concert, Maine Center for the Arts, Admission

## Host Families Needed

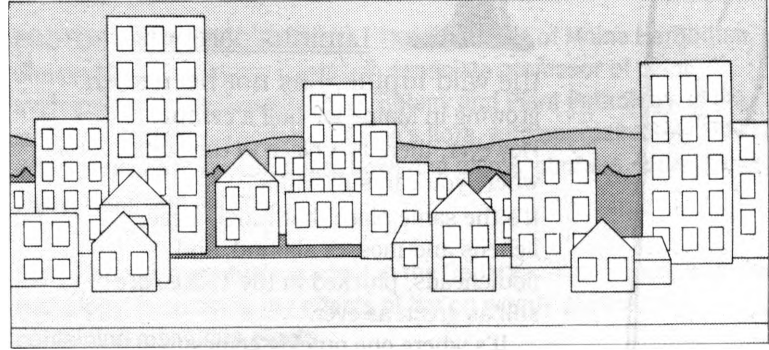
The CASS Program currently needs host families for French-speaking male students ages 18-25. A monthly stipend of \$200 is paid to the hosts to help ease their financial responsibility. For information, call Eleanor Harris, x2376, or Peter O'Meara, x6044.



MAINE...




IS CHANGING...



GET INVOLVED.

1-800-442-7890



MAINE DEPARTMENT OF ECONOMIC AND COMMUNITY DEVELOPMENT  
MAINE ASSOCIATION OF REGIONAL COUNCILS

## A Call to Get Involved

For the past month, there have been messages on the airwaves and in print that suggest that Maine is changing.

No matter what your views are on the changes in Maine, there is only one thing to do - get involved. And that's what the recent public service campaign is all about.

"People are either happy or not pleased with the changes they're seeing in their communities," said Conrad Griffin, community development specialist with University of Maine Cooperative Extension. "We all can wait for state or federal or other organizations to decide what should be done in our communities, or we can get involved with local autonomy and control. We clearly have a choice."

"Maine... Is Changing... Get Involved" is the theme of a multi-media public service campaign sponsored by University of Maine Cooperative Extension, the Maine Department of Economic and Community Development and the Maine Association of Regional Councils. Its purpose is to significantly increase the number of people who get involved in community decision-making, and to heighten awareness of community growth issues.

Beginning last month, public service announcements began with some glimpses of Maine, showing why the state is such a special place. Images of Maine were coupled with testimony from citizens who were featured in "A Sense of Place," a 30-minute video sponsored by Cooperative Extension and the Natural Resources Council of Maine.

In the second public service announcement, images and testimony were linked to remind viewers, listeners and readers that Maine is indeed changing to the point that the quality of life traditionally enjoyed by citizens and visitors to the state is being challenged.

And now, in the third and final public service announcement, the message is clear: Maine is changing, and it's time to get involved.

"Members of the University community, like residents in any community, need to get involved in issues of concern to them - from stimulating growth to managing development and volunteering to help in the comprehensive planning process that all Maine communities are being asked to develop between now and 1996," Griffin said. "It is hoped that significant numbers will make that effort and call the 800 number."

By calling a toll-free number, 1-800-442-7890, people will be given the name of a local community contact person, and the names of representatives in Regional Council and Cooperative Extension. The toll-free number will be available through Nov. 30.

"It's widely understood that there's a direct relationship between successful community planning and public participation," according to Marvin Rosenblum, senior planner with the Office of Comprehensive Planning, Maine Department of Economic and Community Development. "It's simple. The more people involved, the better the comprehensive plan."



# PRESERVING MAINE'S NATURAL HERITAGE

Lupinus perennis, the wild lupine, has not been seen growing in Maine for half a century. However, there is a place in the state where you can still find it.

It's the same place that fungi, algae, lichens and mosses abound, and fiddleheads, plucked in the 1930s, are still as green as ever.

It's where one quickly comes to appreciate the natural heritage of Maine's flora with its varied species of flowering plants, conifers, fungi, ferns, mosses, algae and lichens. It also is a haunting reminder of that which has been and may be lost.

The University of Maine Herbarium is like stepping into nature's closet.

"It's a great resource," said Christopher Campbell, Herbarium director and associate professor of plant systematics. "It's far better than books with photos and drawings. These are the plants themselves.

"They are important for scientific and environmental reasons," he said. "We can't study the distribution or evolution of plants without knowing where they grow and what they look like. Plants are often indicators of different drainage conditions and plant communities, as well as major resources in many ways. Their preservation is essential to animal and human life. And, above all, the plants themselves, their variability, natural history and evolution are innately fascinating."

Housed on the top floor of Merrill Hall is the largest scientific collection of Maine's plant life. Tall green metal cabinets protect 100,000 dried permanent specimens of plants that are growing or have grown in Maine. Like herbariums at most state universities across the country, the University of Maine Herbarium has three goals: To document the distribution of Maine's flora; to serve as a resource for identification and study of the state's flora by scientists, natural resource experts, conservationists, foresters and citizens; and to provide a repository for Maine's endangered and threatened plants as defined by the 1986 State

Legislative Act to Establish an Official List of Endangered and Threatened Plants.

It also is a member of the worldwide herbarium network that facilitates specimen exchanges for research and identification purposes.

Campbell said the Herbarium receives several hundred requests annually to identify plants - from farmers concerned about the type of plants in their pastures to scientists who need to know about plants in their research, and state officials and others concerned with environmental impact studies.

Established about 100 years ago, the Herbarium includes some of the earliest specimens collected by Merritt Lyndon Fernald of Orono, son of the University's first president. Fernald collected specimens in the Orono area as a teenager, a prelude to his career as a world renowned botanist at Harvard University.

"Aside from being the only large collection of Maine plants in Maine, it is a significant historic collection," according to Sally Rooney, a graduate student in the Department of Botany and Plant Pathology who is studying the effects of fire on woody plants in a fen known for its many rare plants. "A number of specimens collected by Fernald and Maine botanist Joseph Blake (1814-1888) are here."

The philosophy of the Herbarium has broadened from the days of Fernald and Blake, Rooney said, from strictly teaching and research to helping address environmental issues. And preservation is key, to the point that rare plants are photographed rather than destroyed as specimens for the record.

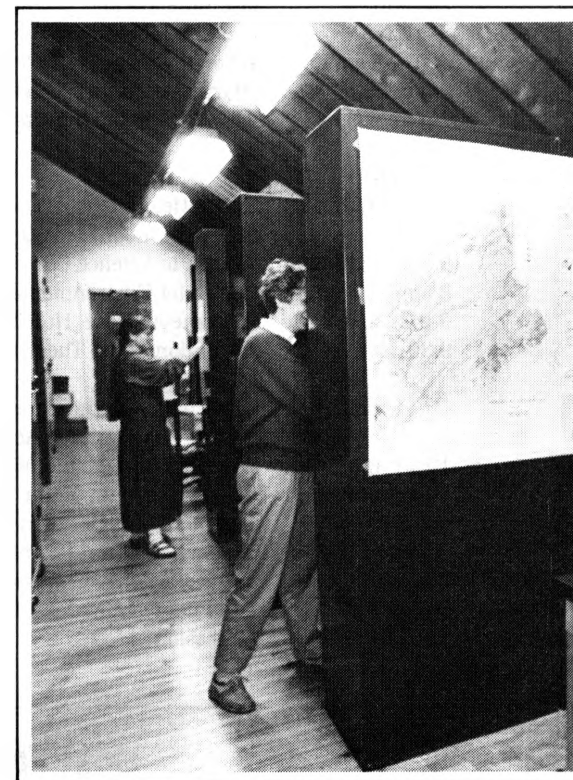
One such plant that is represented in the Herbarium by a photograph is the small whorled pogonia (Isotria medeoloides). The federally endangered orchid is infrequently found in the state, but is more abundant in Maine than anywhere else in the world. It is the subject of a project by botany graduate student Pati Vitt of Salsbury Cove, who is studying its population and reproductive biology in the hopes of

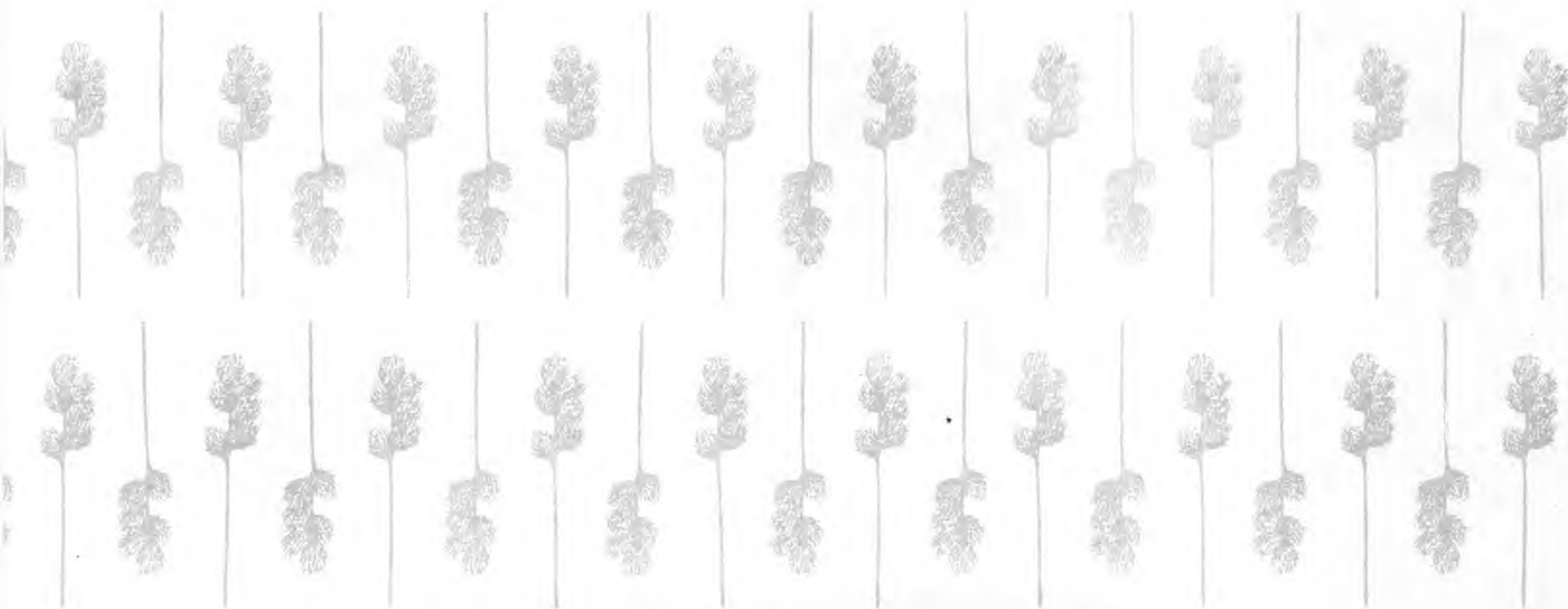
using the results for its management. Working in the Herbarium, Vitt researches the records showing geographic distribution of the species, which today is found from Augusta to Wells Beach.

"The Herbarium also provides the opportunity to look at the underground anatomy without destroying a new plant," Vitt said. "That's important since I'm working with an endangered species."

University of Maine students and faculty, amateur botanists and state officials have added to the Herbarium's collection through the years. Many of the specimens have been collected by members of the Josselyn Botanical Society, an organization established in 1895 and made up of amateur and professional botanists who meet once annually in Maine.

Specimens of Maine flora collected throughout the last century are carefully preserved. The more than 20,000 specimens of fungi, mosses and lichens are stored in individual boxes; specimens of Maine plants, conifers and





BY MARGARET NAGLE

ferns are pressed and glued to large sheets of paper and stored in folders. Most importantly, all are painstakingly documented by genus and species names, and when, where and by whom they were found.

Multiple specimens of each species collected through the years document variations and changes in growing conditions. Data are kept on endangered and threatened plants - those that are only known to have one occurrence in the state and those with two to five occurrences respectively. Today it is estimated that 90 plants that used to be in the state are no longer known to grow.

The Herbarium contains specimens of an inconspicuous, grass-like flowering plant called the Orono sedge (*Carex oronensis*). Found almost exclusively in the Penobscot River Valley, it is the only plant that grows in Maine and nowhere else in the world. Orono sedge is under study as a federally endangered species, but it has not been so listed because its distinctiveness as a species has not been established. And that's where Alison Dibble of Blue Hill comes in.

A graduate student in the Department of Botany and Plant Pathology, Dibble has determined through three years of research that the plant is quite distinct and may have evolved recently (in the past 300 years) from a European plant of hayfields. The species may have spread through the Penobscot River Valley when loggers transported it in hay for horses. It was collected from the Valley from 1893-1916 in seven different towns. It was next collected in Old Town in 1978.

"I've put 5,000 miles on my car in the last three years out looking for this plant," said Dibble. "I've found 51 populations with a total of 1,495 individuals.

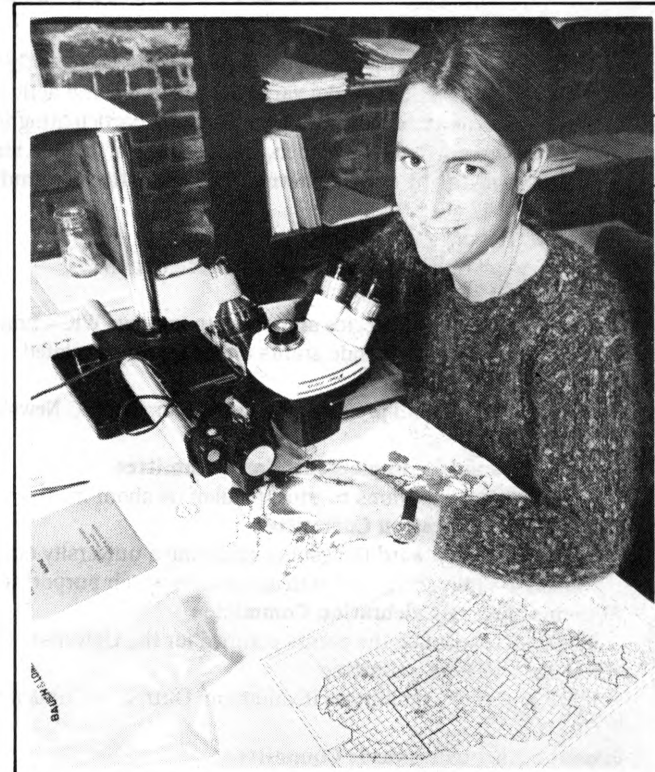
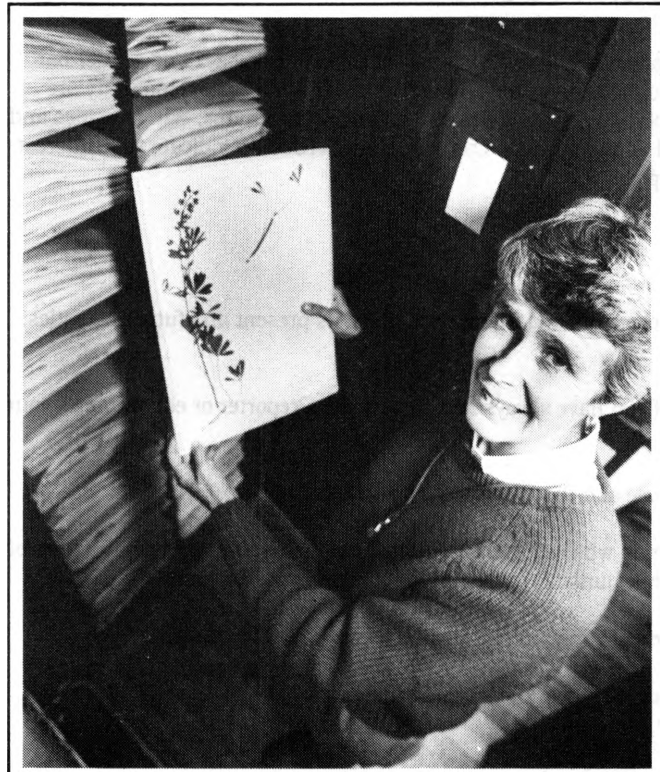
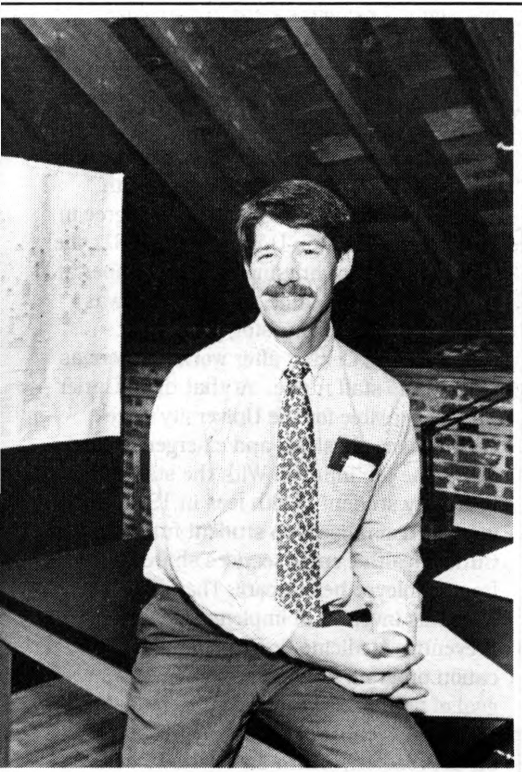
"Without the Herbarium, I couldn't have borrowed 700 specimens from 20 herbariums in Eastern North America and Costa Rica for my research," she said. "It's a great facility for students doing work."

**PHOTOS FROM LEFT TO RIGHT:** The University of Maine Herbarium, directed by Christopher Campbell, associate professor of plant systematics in the Department of Botany and Plant Pathology, is the largest scientific collection of Maine's flora, with approximately 100,000 dried permanent specimens of flowering plants, conifers, ferns, mosses, algae, fungi and lichens.

Sally Rooney, a graduate student in the Department of Botany and Plant Pathology, is studying the effects of fire on woody plants in fen containing many rare plants.

Linda Gregory does research in the University of Maine Herbarium, checking specimens in her work with the College of the Atlantic Herbarium. *Photos by John Baer*

**DRAWING FAR LEFT:** Orono sedge is an inconspicuous, grass-like flowering plant found mostly in the Penobscot River Valley. It is the only plant that grows in Maine and nowhere else in the world.





# Cooking Straight from the Heart

Admid the myriad of advertisements and public service announcements promoting healthy eating habits, it's no wonder that most of us think twice - and may feel a twinge of guilt - when reaching for the banana cream pie (Hey, it's got fruit in it!) or selecting a vending machine candy bar (You pulled the wrong lever, right? You really wanted the crackers!).

The messages about the benefits of fruit, fiber and fitness are everywhere, and most of us know the guidelines established by the American Heart Association for heart-healthy diets. But knowing the information and putting it into practice can often be difficult, according to registered dietician Eileen Smith-Porter. And that's where a cooking course like the one offered by the Heart Association, Culinary Hearts Kitchen that began Oct. 10 on campus, may help.

"The guidelines from the Heart Association to achieve a diet lower in calories and fat are well known for those who are listening," Smith-Porter said. "But a number of people out there still haven't listened or don't think they're important."

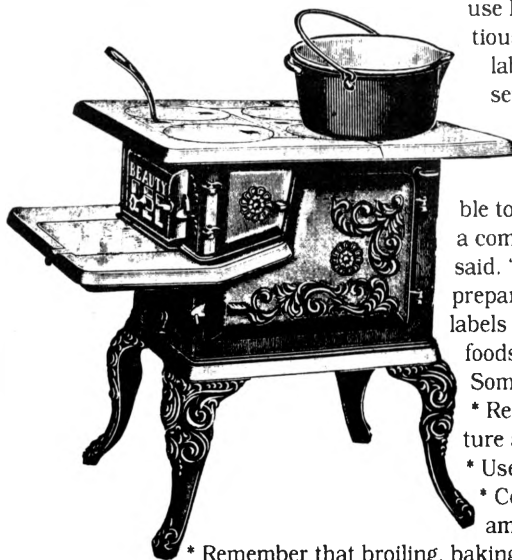
"People get confused. They look at the guidelines and think they say they can have baked poultry and low-cal dressing on salad, but have to give up lasagna and other foods considered indulgent. The reality is you can still indulge, but you have to modify cooking habits."

The guidelines set by the American Heart Association include:

- \* A diet should not contain more than 30 percent calories from fat.
- \* A diet should be sodium-moderate.
- \* Eat more complex rather than simple carbohydrates - whole grains, fruits and vegetables rather than sugars.
- \* Maintain an appropriate weight for your height.
- \* Dietary cholesterol should be no more than 300 milligrams daily.

The goal is to reduce cholesterol and fat in the diet, and decrease the risk of cardiovascular disease. It's not always easy, especially if you're used to reaching for the frying pan or spreading it on thick - whether it's butter, peanut butter or excuses for not eating right.

Teaching people to be heart-healthy is a multi-step process, said Smith-Porter, who completed her master's degree in nutrition at the University of Maine in August, and has been a registered dietician for six years, working in hospitals, nursing homes, long-term care facilities and food service administration. It includes learning how to



use low-fat, low-calorie-yet-tasty-and-nutritious substitutes; reducing portions; reading labels; and, above all, changing one's mind set.

"If your learned food habits are very high in fat, there's a readjustment when you have to moderate. But it's still possible to make mouthwatering meals. It has to be a commitment that people make," Smith-Porter said. "We're asking them to scrutinize their food preparation and purchasing techniques, read labels in stores, and recognize that convenience foods are good hiding places for fat."

Some simple yet healthy cooking tips include:

- \* Reduce sugar, eggs and fat but retain texture and taste by using substitutes.
- \* Use more herbs and seasoning.
- \* Cook with non-stick spray or a small amount of oil rather than butter.
- \* Remember that broiling, baking and poaching don't add fat.
- \* Drain fat from ground meats after cooking; skim off fat after chilling.
- \* Use low-cal sauces or bases like tomato, mustard or vinegar rather than butter or cream.
- \* Read labels and know a product's ingredients.
- \* Use skim milk instead of whole milk, especially in cooking.
- \* Serve and eat smaller portions. By eating a 4-ounce portion of meat rather than 7-ounce, you've quickly and easily begun to meet the heart-healthy goals. Instead of more meat with fat, eat more potatoes, rice and vegetables.



Noted researcher, scholar, college professor and author John Murray Jr. of Cedar Rapids, Iowa, is the recipient of the 1989 Alumni Career Award, presented earlier this month during Homecoming. Presenting the award to the Bath native are, left, University of Maine President Dale Lick, and, right, James Goff, president of the University of Maine Alumni Association. A member of the University of Maine Class of 1937, Murray was knighted by King Baudouin of Belgium in 1981 for his invaluable contribution to the understanding of the history and culture of Flanders in his book, "Flanders and England: The Influence of the Low Countries on Tudor-Stuart England." Photo by Michael York

# Betsy Allin Appointed Employee Health Manager

A new unit has been created in the Department of Human Resources that is designed to concentrate on employee wellness, led by a 34-year health care veteran.

Betsy Allin, associate director of Cutler Health Center since 1983, has been named Employee Health Manager. Working in collaboration with rehabilitation specialist Mary Knowlton, Allin will coordinate a health care network on campus for employees, which focuses on health promotion.

"It's hard to measure the success of fitness and wellness programs," said Allin. "But when we lose an employee to an injury or illness that could have been prevented, we've lost a valued colleague and investment."

Determining the wellness programming needs of University of Maine employees will be one of the first objectives, Allin said. A campus-wide survey is expected by year's end, and recommendations for implementation of an employee-health program can be made by calling Allin's office, x2367.

A campus-wide AIDS education program for employees also will be initiated immediately. According to Allin, who heads the Employee AIDS Education Subcommittee of the UM AIDS Task Force, The odds are that the first case on campus of AIDS will be an employee, because of the prolonged incubation period between exposure to the virus and diagnosis of AIDS. Employees are a more stable population than students, who may become infected during their stay on campus, but are gone by the time they actually have AIDS.

In coming months, Allin will be looking at existing programs that address such problems as smoking and weight-reduction. She also will look at incidences of injuries and other accidents among workers on campus, and areas that need further attention through prevention and education projects. Employee health needs can be addressed through a variety of health promotion activities including adding a prevention component to orientation for new employees, seminars on stress management, cholesterol and blood pressure screening, and exercise and fitness programs.

Participation in employee health programs will be voluntary and confidential, and will not duplicate existing services on campus or in the community, Allin said.

"We'll primarily be looking at campus and the environment we all work in, looking to see where we can be more effective, and managing the environment to maximize employee health," Allin said. "There needs to be greater awareness of campus and community resources, as well as new programs based on what employees need."

Allin is not a stranger to issues in health care and, in particular, employee health needs. After receiving her master's degree in nursing from Boston University in 1961, she was a consultant nursing faculty member at the University of Maine. In 1974, she was named director for nursing services at Cutler Health Center, after working there as a part-time staff nurse. At that time, Cutler was responsible for the University's pre-employment physicals and emergency care for on-the-job injuries. With the start of a voluntary student health fees in 1976, and increased emphasis on student funding, Cutler Health Center services shifted away from employee health care. That same year, Allin was involved in implementing the Preventive Medicine Program, a health education program for students with a major goal of promoting wellness.

"Even then, there was a lot of emphasis on prevention," Allin said. "Now, with the cost of health care out of sight, we must look at the potential impact wellness programs can have on employee health, as well as job satisfaction and morale."

# Women in the Curriculum

The office of Women in the Curriculum (WIC) is responsible for the Women's Studies Program, the effort to bring sex and gender balance into the curriculum, and a variety of programs and activities that focus on women. Members of the University community are invited to take an active part in WIC projects by participating in our planning committees and joining study groups. WIC activities and committees are open to all - women, men, students, faculty, staff and administrators. Call WIC office, x1228, to indicate your interest in participating in any of the following WIC committees or study groups:

## WIC Lunch Series Committee

Members plan the weekly WIC lunch presentations.

## Development Committee

Members develop strategies and plans to improve WIC's financial resources and therefore support its present and future activities; an endowment and outside grants are goals contemplated.

## Newsletter Committee

Members collect and prepare information for the WIC Newsletter; if you have always had a yen to be a reporter or editor, here's your chance.

## Nonsexist Language Implementation Committee

Members plan programs to educate all of us about inclusive language and the University's Nonsexist Language Policy.

## Curriculum Integration Committee

Members work toward the goal of achieving a university curriculum in which the contributions, realities, values and perspectives of women are fully integrated into all courses which purport to be about human beings and the human experience.

## Women's History Celebration Committee

Members coordinate the events planned for the University of Maine's celebration of National Women's History Month.

## Women's Studies Committee

Members of subcommittees (Evaluation, Outreach, Publicity, Library, etc.) work to support and develop the program in Women's Studies.

## Maryann Hartman Awards Committee

Members arrange the annual awards ceremony that recognizes the achievements of Maine women.

## Study and Discussion Groups

Depending on interest, the WIC office plans and arranges study and discussion groups. One of the groups planned for this year focuses on "Current Issues in Feminism," and another on "Contemporary Women's Fiction."

All events are free and open to the public unless otherwise specified. Any speaker not otherwise identified is a member of the University of Maine faculty, staff or student body. Send notices of upcoming campus events at least two weeks in advance to: *Maine Perspective Calendar, Public Affairs. Calendar of events listings MUST be typewritten following the formula:*

Title of Event, Date, Place, Admission, Phone Number for More Information.

**SEND CALENDAR ITEMS BY OCT.25 FOR ALL CAMPUS EVENTS OCCURRING NOV. 4 - NOV. 17**  
For more information, call x3745.

## LECTURES/ SEMINARS

**"Harvest of Stars," Planetarium show,** 7 p.m., Friday-Saturday, **Oct. 21-28,** Wingate Hall. Admission. x1341.

**"How We Feel Anger and What Feelings May Be a Substitute for Other Emotions,"** presented by the Counseling Center, noon-1:30 p.m., **Oct. 23,** FFA Room, Memorial Union. x4020.

**"How Dangerous is It to Be Different?,"** by Roberta Chester of the Holocaust Human Rights Center of Maine, 1:30-2:30 p.m., **Oct. 23,** Sutton Lounge, Memorial Union. x3775.

**"The Nordic Revolution,"** by author/guide Doug Robinson, 7 p.m., **Oct. 23,** 101 Neville Hall. Admission. x1794.

**"Ancestry and Comparative Social Behavior of Bees,"** by Philip Monson, 11 a.m., **Oct. 24,** 311 Deering Hall. x2957.

**"Planning and Decision-Making in a Fish and Wildlife Agency,"** by Alan Clark, Wildlife Resources Planner, Maine Department of Inland Fisheries and Wildlife, noon, **Oct. 24,** 218 Nutting Hall. x2869.

**"Women and Religion in India,"** by Nicky Smith, professor at Colby College, 12:15 p.m.-1:30 p.m., **Oct. 24,** Bangor Lounge, Memorial Union. x1228.

**"Exploring Our Common Future,"** first day of a two-day international conference, moderated by Mark Lutz, featuring a videotape titled "Our Common Future"; and lectures by Beatrice Olivestry, National Survival Institute, Ottawa, "Global Pollution vs. Sustainable Development"; "The Role of the International Economy," by Arjun Makhijani, Institute for Energy and Environmental Research; "Integrating Environment and Economics at the Home Front," by David Besner, New Brunswick Round Table on Environment and Economy," 2-6 p.m., **Oct. 24,** Maine Center for the Arts. x2609.

**"The Problem of Socrates,"** by Michael Palmer, 3:10 p.m., **Oct. 24,** 100 Neville Hall. x3264.

**"Women, Peace and Ecology,"** by Hilkka Pietila, secretary general, Finnish U.N. Association, lecture is part of three-day "Exploring Our Common Future" international conference, 8-9:30 p.m., **Oct. 24,** 101 Neville Hall. x2609.

**"Food Security: Strategies for Reducing Hunger in the 1990s,"** second day of a two-day international conference, moderated by William Whitaker, featuring a videotape titled "Hunger Report 1989" and lectures by Robert Kates, Alan Shawn Feinstein World Hunger Program, Brown University, "Reducing Worldwide Hunger by Half During the 1990s"; "Grassroots Strategies for Food Security in Africa," by William Rau, Bread for the World Institute on Hunger and Development; "The Central Role of Women in Achieving Food Security," by Betty Richardson, Oxfam America, 9 a.m.-noon, **Oct. 25,** Maine Center for the Arts. x2609.

**"Construction Project Management: Managing a Major Project from Conception Through Completion with**

# Calendar

OCTOBER 21 - NOVEMBER 3

**Your Good Reputation Still Intact,"** by Jed Shepardson, consulting engineer, 9 a.m.-4 p.m., **Oct. 25,** Hilltop Conference Room. Admission. x4092.

**"Environmental and Sustainable Agriculture,"** second day of a two-day international conference, moderated by Matt Liebman with lectures by Janet Welsh Brown, Environment and Development Policy Project, World Resources Institute, "U.S. Policy in the 1990s: International Cooperation for a Sustainable World"; "Participatory Research and Organic Agriculture in Developing and Developed Countries," by David Patriquin, professor of biology, Dalhousie University; "Uneven Development, Ecological Crisis and the Attainability of Sustainability," by Weiling Katherine Yih, Oxfam America Researcher, 2-6 p.m., **Oct. 25,** Maine Center for the Arts. x2609.

**"Sustainable Development in the Third World: A Canadian Perspective,"** by Stephen Lewis, former Canadian ambassador to the United Nations, 8 p.m., **Oct. 25,** Maine Center for the Arts. x4220.

**"The Great Debate Over the Black Underclass: Blaming the Victim or Describing the Problem,"** by Valerie Carter, 12:20 p.m.-1:30 p.m., **Oct. 26,** Sutton Lounge, Memorial Union. x3860.

**"The Down East Syndrome: Myth or Reality?,"** by William Hamilton, chairperson of the Education Department, Mount Allison University, 3 p.m., **Oct. 26,** Bodwell Dining Area, Maine Center for the Arts. x4220.

**"Bioethics and Genetic Counseling,"** panel discussion, 3:10 p.m.-5 p.m., **Oct. 26,** 100 Neville Hall. x2777.

**"Of Mermaids and Men: The Figure of the Siren in Four Latin American Narratives,"** by Kathleen March, noon, **Oct. 27,** Honors Center. x2080.

**"Environmental Control in the Pulp and Paper Industry,"** by Allan Springer, Department of Paper Science and Engineering, Miami University, 2:10 p.m., **Oct. 27,** 100 Jenness Hall. x2277.

**"Evidence of Photoperiod Entrainment of Salmonid Smolting,"** by James Duston, Department of Fisheries and Oceans, Biological Station, St. Andrews, New Brunswick, 3:10 p.m., **Oct. 27,** 102 Murray Hall. x2579.

**"Anger in Men and Women - Social Differences,"** presented by the Counseling Center, noon-1:30 p.m., **Oct. 30,** FFA Room, Memorial Union. x4020.

**"Collage: Franco-American Poets and Writers,"** reading with music, noon-1 p.m., **Oct. 30,** Sutton Lounge, Memorial Union. x3775.

**"BRS After Dark in Science and Engineering,"** training for do-it-yourself computer literature searching, 2 p.m., **Oct. 30,** Science and Engineering Center, Fogler Library. x1678.

**"Foraging Behavior of Pollinators,"** by Scott Thompson, 11 a.m., **Oct. 31,** 311 Deering Hall. x2957.

**"Brood Amalgamation in North American Waterfowl,"** by F. Patrick Kehoe, Waterfowl Biologist, Dept. of Natural Resources, New Brunswick, noon, **Oct. 31,** 204 Nutting Hall. x2869.

**"The Gorgias,"** by Michael Howard, 3:10 p.m., **Oct. 31,** 100 Neville Hall. x3264.

**"Assessing Your Own Leadership Style,"** by John Halstead, 3:30 p.m.,

**Oct. 31,** Lown Room, Memorial Union. x1820.

**"Current Directions in Feminist Theology,"** by Elly Haney, Center for Vision and Policy, Portland; 12:15 p.m.-1:30 p.m., **Nov. 1,** Sutton Lounge, Memorial Union. x1228.

**"Forest Conservation in China,"** by Tao Hong, Ministry of Forestry, People's Republic of China, 1:10 p.m., **Nov. 1,** 204 Nutting Hall. x2865.

**"Wetland Conservation in Morocco,"** by Mustapha El-Hamzaoui, Ministry of Forestry, Morocco, 2:10 p.m., **Nov. 1,** 204 Nutting Hall. x2865.

**"Economics in Maine: Reality and Vision,"** by Elly Haney, Center for Vision and Policy, Portland, 12:20 p.m.-1:30 p.m., **Nov. 2,** Sutton Lounge, Memorial Union. x1731.

**"The World Before Einstein,"** video lecture by Ian Wallace, 3:10 p.m.-5 p.m., **Nov. 2,** 100 Neville Hall. x2777.

**"Flavonoid Diversity and the Evolution of the Tarweeds (Asteraceae),"** by William Crins, Biological Survey, New York State Museum, 3:30 p.m., **Nov. 2,** 113 Deering Hall. x2970.

**"Interpersonal Communications: A Step by Step Skills Development Program in Interpersonal Communication,"** by Liz Ashe, education coordinator, Affiliated Laboratory Inc., 9 a.m.-4 p.m., **Nov. 3,** Hilltop Conference Room. Admission. x4092.

**"Osteoclastic Bone Resorption,"** by Susan Hunter, 3:10 p.m., **Nov. 3,** 102 Murray Hall. x2540.

**"The People - American Indian Skylore,"** Planetarium show, 6:30 p.m., **Nov. 3,** Wingate Hall. Admission. x1341.

## MEETINGS/ HEARINGS

**Student Senate Meetings,** 6 p.m., **Oct. 24 and Oct. 31,** 100 Neville Hall. x1775.

**Faculty Senate Meeting,** 3:15 p.m., **Oct. 25,** Lown Rooms, Memorial Union. x1167.

**Christian Leadership Group,** noon-1 p.m., **Oct. 31,** 218 Boardman Hall. 866-2830.

## THEATER

**"Twelfth Night,"** 8 p.m., Oct. 21: 2 p.m., **Oct. 22,** Hauck Auditorium. Admission. x3756.

## MUSIC

**"Double Talk,"** rock band, 9 p.m., **Oct. 21,** Bear's Den. x1736.

**Monday Jazz Series,** 12:15 p.m., **Oct. 23,** North Bangor Lounge, Memorial Union. x1731.

**University Chamber Orchestra performance,** Anatole Wieck, conductor, 8 p.m., **Oct. 24,** Hutchins Concert Hall, Maine Center for the Arts. x3756.

**"Cereal Killers,"** band, 9 p.m., **Oct. 28,** Bear's Den. x1736.

**Monday Jazz Series,** 12:15 p.m., **Oct. 30,** North Bangor Lounge. x1731.

## EXHIBITS

**"Connected by Color,"** a group show featuring the intense color relationships in the works of Joseph Dunn, Melita Brecher, Marjorie Moore and Cathy Kaelin, **through Nov. 3.** Museum hours: 8 a.m.-4:30 p.m., Monday-Friday; 1-4 p.m., Saturday. x3255.

**"Photo Show,"** of the Eastern Maine Camera Club, **through Nov. 3,** Hole in the Wall Gallery, Memorial Union. Gallery hours: 9 a.m.-5 p.m., Monday-Friday. x1731.

**"Posters From World Wars I & II,"** **through Dec. 8,** Hauck Gallery, Memorial Union. Gallery hours: 7 a.m.-midnight. x3255.

**"The Studies of Waldo Pierce,"** **through Feb. 15,** Graphics Gallery, Memorial Union. Gallery hours: 7 a.m.-midnight. x3255.

**"One Year Later: The Closing of Penobscot Poultry and the Transition of a Veteran Employee,"** **through Dec. 2,** Hudson Museum, Maine Center for the Arts. Museum hours: 9 a.m.-4 p.m., Tuesday -Friday; 9 a.m.-3 p.m., Saturday; 11 a.m.-3 p.m., Sunday. x1891.

## MCA PERFORMANCES

**Nexus,** 8 p.m., **Oct. 26,** Hutchins Concert Hall. Admission. x1755.

**Tito Puente Latin Jazz Allstars,** 8 p.m., **Oct. 28,** Hutchins Concert Hall. Admission. x1755.

## MISCELLANEOUS

**"Button Blankets,"** a Children's Storyhour Program, 10 a.m., **Oct. 21,** Bodwell Dining Area, Maine Center for the Arts. Admission. x1901.

**"1st Annual Chemfest,"** an information exchange and tour of the Chemistry Department for newcomers interested in (or curious about) chemistry, 6:30 p.m., **Oct. 23,** 316 Aubert Hall. x1182.

## ONGOING

**Foreign Language Tables:** French on Monday, Russian on Tuesday, German on Wednesday, Spanish on Thursday; all begin at noon, Yellow Dining Room, Hilltop. x2073.

**Maine Peace Action Committee (MPAC)** Meetings: 4 p.m., Tuesday, Virtue Room, the Maples. x3860.

**"Wonders of Astronomy,"** Planetarium series, 6:30-9 p.m., every second Tuesday of the month, Planetarium. Admission. x1341.

**A.A. Meetings:** noon, Monday, Ham Room, Memorial Union. 565-2147.

**Al-Anon Meetings:** 11 a.m.-noon, Thursday, Ham/Old Town Room, Memorial Union.

**Overeaters Anonymous Meetings:** noon-1 p.m., Old Town Room, Memorial Union.

**Circle K Meetings:** 6:30 p.m., Wednesday, Sutton Lounge, Memorial Union.

**Sustainable Agriculture Interest Group Meetings:** 5 p.m., Tuesday, 207 Deering Hall. x2935.

**Wilde Stein Meetings:** 6:30 p.m., Thursday, Sutton Lounge, Memorial Union.

**International Coffee Hour,** open to anyone on campus interested in cultural exchange: 4:30 p.m. Friday, Bangor Lounges, Memorial Union. x1825.

**Memorial Union Recreation Center Hours:** 9 a.m.-11 p.m., Monday-Thursday; 9 a.m.-midnight, Friday-Saturday; 2-10 p.m., Sunday.

## FILMS

**"Pink Floyd's Dark Side of the Moon,"** 2 p.m., **Oct. 22,** 101 Neville Hall. x1736.

**"Twins,"** noon, **Oct. 24,** Sutton Lounge, Memorial Union. x1731.

**"The Accidental Tourist,"** 1:30 p.m., **Oct. 25,** Sutton Lounge, Memorial Union. x1731.

**"The Lost Honor of Katrina Blum,"** German with English subtitles, 6:30 p.m., **Oct. 25,** 207 Little Hall. x2076.

**"Imagine: John Lennon,"** noon, **Oct. 26,** North Bangor Lounge, Memorial Union. x1731.

**"Animation Celebration,"** 6:30 p.m. and 9 p.m., **Oct. 28,** Hauck Auditorium. Admission. x1736.

**"The Burglar,"** noon, **Oct. 31,** Sutton Lounge, Memorial Union. x1731.

**"Hellbound: Hellraiser II,"** 6:30 p.m. and 9 p.m., **Oct. 31,** Hauck Auditorium. Admission. x1736.

**"Revival of Evil,"** 7:30 p.m., **Oct. 31,** North Lown Room, Memorial Union. 866-3977.

**"The Allnighter,"** 1:30 p.m., **Nov. 1,** Sutton Lounge, Memorial Union. x1731.

**"Manon of the Spring,"** French with English subtitles, 6:30 p.m., **Nov. 1,** 207 Little Hall. x2076.

**"Kayaanisqatsi,"** 7 p.m., **Nov. 1,** 120 Little Hall. x2609.

**"Her Alibi,"** noon, **Nov. 2,** North Bangor Lounge, Memorial Union. x1731

## DINING

**Bear's Den hours:** 7 a.m.-10 p.m., Monday-Thursday; 7 a.m.-9 p.m., Friday; 11 a.m.-9 p.m., Saturday-Sunday. x4584.

**Damn Yankee hours:** 7:30 a.m.-2 p.m., Monday-Friday. x4584.

**Vegetarian Soup Kitchen hours:** 5:30-6:30 p.m., Monday-Thursday. x4706.

## ATHLETIC EVENTS

**Men's Tennis with Colby,** 3:30 p.m., Oct. 20. xBEAR.

**Field Hockey with Northeastern,** 11 a.m., Oct. 21. xBEAR.

**Football with Connecticut,** 1 p.m., Oct. 21. Admission. xBEAR.

**Women's Cross Country,** NAC, time TBA, Oct. 21. xBEAR.

**Men's Cross Country,** NAC, time TBA, Oct. 21. xBEAR.

**Soccer with Hartford,** 1 p.m., Oct. 22. Admission. xBEAR.

**Field Hockey with Fairfield,** 11 a.m., Oct. 22. xBEAR.

**Soccer with Colby,** 2:30 p.m., Oct. 25. Admission. xBEAR.

**Ice Hockey with Michigan-Dearborn,** 7 p.m., Oct. 27-28. Admission. xBEAR.

**Soccer with New Hampshire,** 1 p.m., Oct. 29. Admission. xBEAR.

**Ice Hockey with Ohio,** 7 p.m., Nov. 3. Admission. xBEAR

## RELIGION

**Newman Center hours:** Every Sunday, 9:30 a.m., Newman Center; 11:15 a.m., 101 Neville Hall; 6:15 p.m., Newman Center.

**Moslem Prayer:** Noon, Friday, Drummond Chapel, Memorial Union.

**Episcopal Eucharist:** 4 p.m., Sunday, Drummond Chapel, Memorial Union.

**Protestant Worship:** 4 p.m., Thursday, Drummond Chapel, Memorial Union.



# Maine Perspective

A PUBLICATION FOR THE UNIVERSITY OF MAINE

OCTOBER 20, 1989



*Photo by John Baer*



UNIVERSITY OF MAINE  
PUBLIC AFFAIRS DEPARTMENT  
ORONO, MAINE 04469

# WHAT'S AHEAD

OCTOBER 24



*Study Away Fair*

OCTOBER 26

Living  
with  
**AIDS**  
in Maine

NOVEMBER 2



*Workshop for  
Inventors &  
Entrepreneurs*

NOVEMBER 18



*Children:  
Our Maine  
Concern*



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